

ELEMENTARY BREAKFAST MENU

MONDAY

Assorted Cereals or
Oatmeal
Choice of Muffin, Poptart
or Granola Bar
100% juice
Blueberries/Strawberries
½ Pint of Milk

TUESDAY

Cheese Omelet
Choice of Muffin, Poptart
or Granola Bar
100% Juice
Orange Slices
½ Pint of Milk

WEDNESDAY

Mini Pancakes or
French Toast Sticks
100% Juice
Grapes
1/2 pint of Milk

THURSDAY

Mini Cinnins Rolls
Yogurt
100% Juice
Banana
½ Pint of Milk

FRIDAY

Assorted Cereals or
Oatmeal
Choice of Muffin, Poptart
or Granola Bar
100% juice
Blueberries/Strawberries
½ Pint of Milk

UPTON BREAKFAST MENU

MONDAY

Assorted Cereals or
Oatmeal
Choice of Muffin, Poptart
or Granola Bar
100% juice
Blueberries/Strawberries
½ Pint of Milk

TUESDAY

Cheese Omelet
Choice of Muffin, Poptart
or Granola Bar
100% Juice
Orange Slices
½ Pint of Milk

WEDNESDAY

Mini Pancakes or
French Toast Sticks
100½ Juice
Grapes
1/2 pint of Milk

THURSDAY

Mini Cinnins Rolls
Yogurt
100% Juice
Banana
½ Pint of Milk

FRIDAY

Assorted Cereals or
Oatmeal
Choice of Muffin, Poptart
or Granola Bar
100% juice
Blueberries/Strawberries
½ Pint of Milk

HIGH SCHOOL BREAKFAST MENU

MONDAY

Assorted Cereals or
Yogurt Parfait
Choice of Muffin, Cereal
Bar or Poptart
100% Juice
Orange Wedges
½ Pint of Milk

TUESDAY

Breakfast Sandwich
Fruit
100% Juice
½ Pint of Milk

WEDNESDAY

Assorted Cereals or
Yogurt Parfait
Choice of Muffin, Cereal
Bar or Poptart
100% Juice
Orange Wedges
½ Pint of Milk

THURSDAY

Breakfast Sandwich
Fruit
100% Juice
½ Pint of Milk

FRIDAY

Assorted Cereals or
Yogurt Parfait
Choice of Muffin, Cereal
Bar or Poptart
100% Juice
Orange Wedges
½ Pint of Milk