

ST. JOSEPH HIGH SCHOOL

**Athletic Highlights
2008-2009**



2008-2009 Athletic Department

Athletic Director: Kevin Guzzo, CAA

Athletic Secretary: Katie Werdann

Fall Head Coaches:

Varsity Football:	Elliot Uzelac	Varsity Volleyball:	Tessa Wolf
J.V. Football:	Lyle Hayden	J.V. Volleyball:	Jen Vonk
Freshman Football:	Bob Baumgartner	Freshman Volleyball:	Michele Colvin
Boys Varsity Soccer:	Steve Lohrke	Boys Varsity Tennis:	Pat Hoffmann
Boys J.V. Soccer:	Jody Haumerson	Boys J.V. Tennis:	Robert Erickson
Girls Varsity Golf:	Ryan Walters	Girls Swimming:	Paul Hirn
Girls J.V. Golf:	Joe Haydon		
Boys and Girls Cross Country: Mike Mahler			

Winter Head Coaches:

Boys Varsity Basketball:	Gregg Schaffer	Girls Varsity Basketball:	Jeff Wallace
Boys J.V. Basketball:	Gary Etter	Girls J.V. Basketball:	Ted Hendricks
Boys Freshman Basketball:	Sam Stine	Girls Freshman Basketball:	Paul Knuth
Varsity Competitive Cheer:	Ronda Cogswell	Boys Swimming:	Paul Hirn
J.V. Competitive Cheer:	Kim Holowasko	Wrestling:	Andy Radenbaugh

Spring Head Coaches:

Varsity Baseball:	Eric Danapilis	Varsity Softball:	Jeff Lucrkitz
J.V. Baseball:	Gary Etter	J.V. Softball:	Beth Shunkwiler
9 th Baseball:	Dave Foster		
Girls Varsity Soccer:	Steve Lohrke	Boys Varsity Golf:	Ryan Walters
Girls J.V. Soccer:	Joe Pater/Nate Kahne	Boys J.V. Golf:	Sam Stine
Girls Varsity Tennis:	Don Margoni	Boys Track:	Mark Laukus
Girls J.V. Tennis:	Chelsey Foster	Girls Track:	Mike Mahler

ST. JOSEPH HIGH SCHOOL HAS DEMONSTRATED A LEADERSHIP ROLE AS A HOST IN THE FOLLOWING TOURNAMENTS/INVITATIONALS:

MHSAA Tournaments

Football Pre-District
Football District
Girls Basketball District
Boys Basketball Regional
Girls Soccer District

Southwest Michigan Athletic Conference Tournaments

Boys Swimming and Diving
Boys Soccer

Berrien County Tournaments

Wrestling
Rotary Track and Field Meet

St. Joseph High School Tournaments

Varsity Volleyball
Junior Varsity Volleyball
Freshman Volleyball
Boys and Girls Cross Country
Competitive Cheer (two events)
Baseball
Softball
Girls Junior Varsity Tennis
Wrestling

St. Joseph High School Hosted over 235 events in 2008-2009

Participation numbers for 2008-2009

9th grade:

- 237 students; of which 134 participated in athletics
- 74 male athletes; and 60 female athletes
- 15 male athletes participated in three sports; 7 female athletes participated in three sports
- 25 male athletes participated in two sports; 22 female athletes participated in two sports
- 34 male athletes participated in one sport; 31 female athletes participated in one sport
- Average student GPA: 3.045
- Average student athlete GPA: 3.182

10th grade:

- 238 students; of which 128 participated in athletics
- 78 male athletes; and 68 female athletes
- 5 male athletes participated in three sports; 6 female athletes participated in three sports
- 30 male athletes participated in two sports; 20 female athletes participated in two sports
- 33 male athletes participated in one sport; 34 female athletes participated in one sport
- Average student GPA: 2.905
- Average student athlete GPA: 3.071

11th grade:

- 237 students; of which 118 participated in athletics
- 71 male athletes; and 47 female athletes
- 8 male athletes participated in three sports; 1 female athlete participated in three sports
- 24 male athletes participated in two sports; 16 female athletes participated in two sports
- 39 male athletes participated in one sport; 30 female athletes participated in one sport
- Average student GPA: 3.050
- Average student athlete GPA: 3.254

12th grade:

- 260 students; of which 113 participated in athletics
- 77 male athletes; and 36 female athletes
- 1 male athlete participated in three sports; 1 female athlete participated in three sports
- 26 male athletes participated in two sports; 9 female athletes participated in two sports
- 50 male athletes participated in one sport; 26 female athletes participated in one sport
- Average student GPA: 3.008
- Average student athlete GPA: 3.166

FALL HIGHLIGHTS

Football

Undefeated Regular Season
West Division Champions

Boys Tennis

Undefeated Regular Season
West Division Champions
Conference Champions
Regional Champions
4th Place at State Finals
Academic All State

Boys Soccer

District Runner Up

Volleyball

District Runner Up
Academic All State

Girls Golf

2nd Place West Division
Academic All State

Girls Swimming

N/A

Boys Cross Country

Berrien County Champion
Dowagiac Rock & Run Champion
2nd Place West Division
Academic All State

Girls Cross Country

Berrien County Champion

WINTER HIGHLIGHTS

Boys Basketball

District Champion

Girls Basketball

District Champion
Academic All State--HM

Competitive Cheer

West Division Champs
Conference Champs
3rd Place at Districts

Boys Swimming

1st Place West Division
1st Place West Division Meet

Wrestling

N/A

SPRING HIGHLIGHTS

Baseball

District Champions
Regional Champions

Boys Golf

Point O'Woods Invite Champion
Gull Lake Invite Champion
1st Place West Division
3rd at Conference Tournament
District Champions

Girls Soccer

1st Place West Division
District Champions
Academic All State

Softball

N/A

Boys Track & Field

1st Place West Division
4th at Conference Meet
Regional Runner Up

Girls Track & Field

N/A

Girls Tennis

Conference Runner Up
Regional Champion
7th Place at State
Academic All State

MEN'S

<u>SCHOOLS</u>	Football	Cross Country	Tennis	Soccer	Basketball	Wrestling	Swimming	Baseball	Golf	Track	TOTALS
Benton Harbor	5	5	5	5	1	5	4	5	5	4	44
Lakeshore	2	4	3	2	2	1	2	1	4	2	23
Mattawan	4	1	2	1	2	4	3	3	2	5	27
Niles	3	3	4	4	4	2	4	1	3	3	31
St. Joseph	1	2	1	2	5	3	1	4	1	1	21

WOMEN'S

<u>SCHOOLS</u>	Volleyball	Swimming	Cross Country	Golf	Comp. Cheer	Basketball	Tennis	Softball	Soccer	Track	TOTALS
Benton Harbor	5	4	5	4	4	1	5	5	5	5	43
Lakeshore	4	3	4	5	2	4	3	3	2	1	31
Mattawan	1	2	1	3	3	2	1	1	4	2	20
Niles	2	4	2	1	4	2	4	1	3	3	26
St. Joseph	3	1	2	2	1	5	2	4	1	4	25

Scored by place finish within division. Lowest total score indicates leader.

Italic Numbers mean the school does not sponsor the sport, but are still figured into the overall ratings.

2008-2009 SMAC ALL DIVISION/CONFERENCE

FALL

<u>Cross Country:</u>	James Kirschner Collin Ludwig Samuel Felton David Burkard Julie Helm Ashley Moyer Allyson Garstecki	<u>Girls Golf:</u>	Vai Saucer Jordan Pallas Sammie Averill Jennie Brahams	HM
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<u>Football:</u>	Sam Wallace Matt Mattox Andrew Nowak Colin DeJong Matt Jewell Drake Smith Jamaal Jackson Kris Hickman Josh Weaver Johnny Schwier DeVonte Jones Robbie Schuler Palmer Averill Mike Carter J Nimitz Sean Guinane Jason Gambrell Mitch Dunham Ryan Bock Frank Nyambweke	2nd Team 2nd Team 2nd Team 2nd Team 2nd Team HM HM	<u>Boys Soccer:</u>	Ryan Robinson Andrew Haumersen Brian Mejeur David Lignell David Bendewald Zach Fetters Dylan Delapa	HM HM HM
			<u>Boys Tennis:</u>	Vishal Arora Alex Harbert Michael Vriezema Connor Flood	
			<u>Volleyball:</u>	Melanie Merchant Dakota Brock Erin Etter Jessie Keigley	HM
			<u>Girls Swim:</u>	Liz Todd Sarah Kurtz Kristin Gregory Noreen Walls	

2008-2009 SMAC ALL DIVISION/CONFERENCE

WINTER

<u>Boys Basketball:</u>	Matt Jewell David Brennan Eric Robbins Sean Guinane	HM HM	<u>Comp. Cheer:</u>	Gwen Davidson Alyssa Groth Lexi Rydleski Erin Virgil Alexa Blanz Samantha Young	HM
<u>Girls Basketball:</u>	Katie Mavis		<u>Wrestling:</u>	Jamaal Jackson Stephen Imbordino John Dansfield Ryan Vitale	2nd Team HM HM
<u>Boys Swimming:</u>	Aaron Moyer Caleb Bergman Steve Booth Gordon Davis Bryce Jones				

SPRING

<u>Baseball:</u>	Cam Luther Nick Kirkpatrick David Brennan Steven Ross Carey Ross Jamaal Jackson	HM HM HM	<u>Boys Golf:</u>	Eric Robbins Mike Vriezema Bert Vossler Ryan Nash Zach Fetters DJ Valensi	HM
<u>Softball:</u>	Aleysa Schalk Kaitlyn Burnett Emily Wittman Katie Mavis	HM HM	<u>Girls Soccer:</u>	Ellery Karsten Melanie Schweir Sara Kolettis Kit Borre Sarah Bevier Katie Buckleitner Sarah Dahn Alex Dean	HM HM HM
<u>Boys Track:</u>	DeVonte Jones	3rd Team			
<u>Girls Tennis:</u>	Nikki Enriquez Christine Brash Molly Donahue Lindsay Peirce	HM	<u>Girls Track:</u>	Caitlyn Bonczkowski	2nd Team

INDIVIDUAL AWARDS/ACCOMPLISHMENTS OF 2008-2009

FALL

Cross Country:

Katie Buckleitner: All Region
Julie Helm: All Region
Sam Felton: All Region, Berrien County Champion
Collin Ludwig: All Region, Academic All State

Football:

Matt Jewell: S. B. Tribune All Southwest Michigan Team
John Schweir: S. B. Tribune All Southwest Michigan Team
Josh Weaver: All State, S. B. Tribune All Southwest Michigan Team
Matt Mattox: All State, Dream Team Selection, MHSFCA All Star Selection,
S. B. Tribune All Southwest Michigan Team

Boys Soccer:

Ryan Robinson: All District, All Region, All State, Academic All State
Andrew Haumerson: All District, Academic All State
Brian Mejeur: All District, Academic All State
David Lignell: All District, All Region, Honorable Mention All State
Zach Fetters: All District, Academic All State
Dylan Delapa: All District
David Bendewald: All District, Academic All State

Girls Swim:

Liz Todd: Conference Champion--50 and 100 Meter Freestyle, All State
Sarah Kurtz: NISCA Academic All American

Volleyball:

Dakota Brock: All Region, Honorable Mention All State
Jessica Keigley: All Region

Boys Tennis:

Vishal Arora: Regional Champion, State Finalist, All State
Alex Harbert: Regional Champion, Conference Champion, State Finalist, All State
Nick Artaev: Regional Champion, Conference Champion, State Finalist, Honorable Mention All State
Andrew Kim: Regional Champion, Conference Champion
Michael Vriezema: Regional Champion, Conference Champion, All State
Connor Flood: Regional Champion, Conference Champion, All State
Jeff Chen: Regional Champion
Austin Grall: Regional Champion
Kevin Ledbetter: Regional Champion
Nathan Beaty: Regional Champion
Sam Kelly: Regional Champion
Alex Beam: Regional Champion

INDIVIDUAL AWARDS/ACCOMPLISHMENTS OF 2008-2009

WINTER

Competitive Cheer:

Alyssa Groth: All District, All Region
Alexa Blanz: All District, All Region
Lexie Rydleski: All District
Gwen Davidson: 2nd Team All District
Erin Virgil: 2nd Team All District
Caroline Richey: Honorable Mention All District
Samantha Young: Honorable Mention All District

Boys Swim:

Caleb Bergman: Conference Champion--50 M and 100 M Freestyle
Aaron Moyer: Conference Champion--200 IM, All State
Steve Booth: Conference Champion--500 Freestyle
D.J. Valensi: NISCA Academic All American

Wrestling:

Jamaal Jackson: Conference Champion, 3rd Place at State, All State

Girls Basketball:

Katie Mavis: S. B. Tribune All Area Team

SPRING

Baseball:

Cam Luther: All District, All Region, All State, Academic All District/Region/State
Nick Kirkpatrick: All District, All Region, 2nd Team All State, Academic All District/Region/State
David Brennan: All District, All Region

Boys Golf:

Eric Robbins: All District, Honorable Mention All State
Ryan Nash: All Region
Mike Vriezema: All District
Bert Vossler: All District

INDIVIDUAL AWARDS/ACCOMPLISHMENTS OF 2008-2009

Girls Soccer:

Ellery Carsten: All District, All Region, 3rd Team All State
Melanie Schweir: All District
Sarah Bevier: All District
Sara Kolettis: All District, Academic All State
Kathryn Borre: Academic All State
Katherine Buckleitner: Academic All State
Molly Maynard: Academic All State

Softball:

Alesya Schalk: All District, Honorable Mention All State
Elizabeth Raye: Academic All State

Boys Track:

Cory Erny: Regional Champion--Shot Put
Collin Ludwig: Regional Champion--3200 Meter Relay
Kyle Denny: Regional Champion--3200 Meter Relay
David Bendewald: Regional Champion--3200 Meter Relay
David Burkard: Regional Champion--3200 Meter Relay

Girls Tennis:

Nichole Enriquez: Regional Champion, Honorable Mention All State
Lindsay Peirce: Regional Champion, Conference Champion
Jenna Riehl: Regional Champion
Maggie VanWinkle: Regional Champion
Molly Donahue: Regional Champion, Honorable Mention All State
Christie Brash: Regional Champion, Honorable Mention All State

INDIVIDUAL AWARDS/ACCOMPLISHMENTS OF 2008-2009

MORE AWARDS

Southwestern Michigan Conference All Academic Members

Nathan Beaty	David Bendewald	Archana Bharadwaj
Ryan Bock	Kathryn Borre	Katherine Buckleitner
Lauren Cichon	Caitlin Clayton	Kyle Denny
Molly Donahue	Nichole Enriquez	Erin Etter
Zach Fetters	Alison Foster	Scott Fowler
Devora Gleiber	Jeff Hanley	Andrew Haumersen
Matt Jewell	Alec Karsten	Nathan Kelly
Nick Kirkpatrick	James Kirschner	Sara Kolettis
Kirsten Kortebein	Sarah Kurtz	Cam Luther
Molly Maynard	Brian Mejeur	Lydia Miller
Alex Milnikel	Elizabeth Raye	Eric Robbins
Ryan Robinson	Johnny Schweir	D.J. Valensi
Alexis Wright	Molly Zebell	

Divisional Coaches of the Year

Ronda Cogswell	Mark Laukus	Gregg Schaffer
Paul Hirn	Steve Lohrke	Elliot Uzelac
Pat Hoffman	Mike Mahler	Ryan Walters

District Coach of the Year

Eric Danapilis

Region Coach of the Year

Eric Danapilis

Berrien County Athletes of the Week:

Alex Harbert	Liz Todd
Kristin Gregory	Caleb Bergman

2008 Free Press Scholar Athlete Award

Eric Robbins

Kip Reed Award

James Kirschner

Rae and Ted Stone Award

Kayla Mahler

John Karsten Award

Ryan Bock